

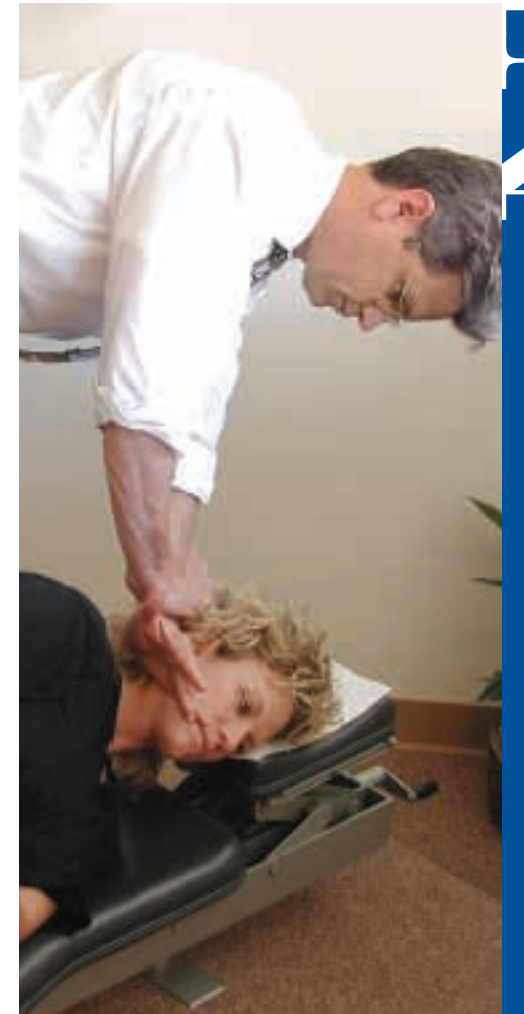
Each adjustment experience and healing response is unique to the individual. One thing is universal, the light touch of adjustment will set your body in the direction for achieving optimum health.

Examination  
and Correction



National Upper Cervical  
Chiropractic Association, Inc.  
121 W. Locust St., Suite 208, Davenport, Iowa 52803  
1-563-322-7486  
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NUCCA

## Evaluation, Evaluation, Evaluation

Once you have decided to be examined for a spinal misalignment, an extensive evaluation process begins. The process begins by looking at your detailed health history including any past traumas, motor vehicle accidents, surgeries, other treatment programs and other diagnostic tests including other x-rays. Your chief complaints, including location, onset, and duration must all be evaluated and assessed.

After concluding this initial process, the doctor will begin the steps necessary to determine if you are a candidate for NUCCA care.



## Finding the Problem

The NUCCA Doctor will focus attention on the relationship of the head to the neck. The top bone of the neck, known as the atlas, must be in line with the head, as well as the vertebrae below. Spinal injury or damage can misalign these structures resulting in: 1. Postural imbalance. 2. Pelvic distortion. 3. Leg length disparity also known as the “short leg” phenomenon.

As you lay on your back, measurement of the leg length equality will be made. Additional evaluation of posture may include shoulder height, hip height and deviation of the head to either side. Ranges of motion may also be measured. Specific

instrumentation may also be used to evaluate body weight distribution, pelvic rotation and normal nerve function.

If a spinal misalignment is indicated by history and examination, a series of x-rays are taken. It is important to know you would only be accepted as a patient if the consultation and examination results indicate that you could benefit from NUCCA care. The X-rays are only taken if care is to be initiated.



## Table Time

Each adjustment is determined from x-ray measurement. Patients lay on their right or left side on the adjusting table. By gently contacting the side of your neck, the doctor will direct your head and neck back toward a balanced, healthy position.

## Continuous Monitoring

Because each adjustment experience and healing response is unique to the individual, you will be monitored closely for any changes that you might experience which are linked to the healing process. We have stressed the importance of receiving the best possible correction during the first visit. The doctor will take x-rays after your adjustment to confirm results. This is typically done only after the initial adjustment. What we know is “The better the correction, the better the chance of recovery.”

**Please contact your local NUCCA Doctor to start the healing process.**

**Call 1-563-322-7486 or [www.nucca.org](http://www.nucca.org) for a list of NUCCA Doctors in your area.**



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